



## Circles of Me Activity

**Topic:** Identity

**Key Stage:** 3, 4

### What are the main aspects of our identity?

Hand out a Circles of Me worksheet to each pupil. You may wish to fill in and model your own completed worksheet prior to the lesson.

Get the students to write their name in the centre circle on the sheet, and then fill in each satellite circle with an aspect of their identity they consider to be among the most important in defining themselves.

Give them several examples of aspects that might fit into the satellite circles: gender, religion, sexuality, race / ethnicity, nationality, hobbies.

In pairs ask students to share their circles and talk through the different aspects of their identity that are important to them.

Remind students to only share what they feel comfortable with and recap the Safe Space principles.

### Prompt questions

- How did it feel to choose what aspects of your identity are most important?
- Did you choose any aspects that were similar to your partner?
- Why do you think that was important to you both? Take one or two responses from the group, ensuring they don't share on anyone else's behalf.